

Allergy Action Plan
Must be accompanied by a Medication Authorization Form (OCC 1216)



CHILD'S NAME: _____ Date of Birth: _____

ALLERGY TO: _____

Is the child Asthmatic? No Yes (If Yes = Higher Risk for Severe Reaction)

TREATMENT

Symptoms: The child has ingested a food allergen or exposed to an allergy trigger: But is <i>not</i> exhibiting or complaining of any symptoms	Give this Medication	
	Epinephrine	Antihistamine
Mouth: itching, tingling, swelling of lips, tongue or mouth ("mouth feels funny")		
Skin: hives, itchy rash, swelling of the face or extremities		
Gut: nausea, abdominal cramps, vomiting, diarrhea		
Throat*: difficulty swallowing ("choking feeling"), hoarseness, hacking cough		
Lung*: shortness of breath, repetitive coughing, wheezing		
Heart*: weak or fast pulse, low blood pressure, fainting, pale, blueness		
Other:		
If reaction is progressing (several of the above areas affected)		

*Potentially life-threatening. The severity of symptoms can quickly change.
*IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.

Medication	Dose:
Epinephrine:	
Antihistamine:	
Other:	

Doctor's Signature _____
Date

EMERGENCY CALLS

1) Call 911 (or Rescue Squad) whenever Epinephrine has been administered. 2) Call the parent. State that an allergic reaction has been treated and additional epinephrine may be needed. 3) Stay with the child.

Doctor's Name: _____ Phone Number: _____

Contact(s)	Name/Relationship	Phone Number(s)	
		Daytime Number	Cell
Parent/Guardian 1			
Parent/Guardian 2			
Emergency 1			
Emergency 2			

***EVEN IF A PARENT/GUARDIAN CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE AND CALL 911.**

Health Care Provider and Parent Authorization for Self/Carry Self Administration
I authorize the child care provider to administer the above medications as indicated. Students may self carry/self administer [school-aged only] yes No

Parent/Guardian's Signature _____
Date

Allergy Action Plan (Continued)

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Place Child's
Picture Here

CHILD'S NAME: _____ **Date of Birth:** _____

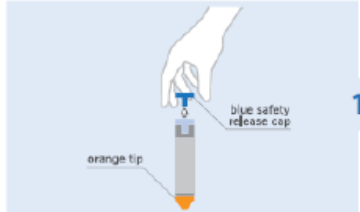
ALLERGY TO: _____

Is the child Asthmatic? No Yes (If Yes = Higher Risk for Severe Reaction)

The Child Care Facility will:

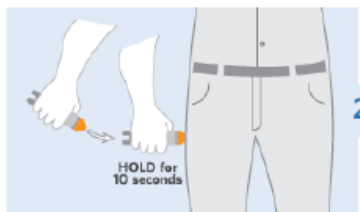
- Reduce exposure to allergen(s) by: (no sharing food, _____)
- Ensure proper hand washing procedures are followed. _____
- Observe and monitor child for any signs of allergic reaction(s). _____
- Ensure that medication is immediately available to administer in case of an allergic reaction (in the classroom, playground, field trips, etc.) _____
- Ensure that a person trained in Medication Administration accompanies child on any off-site activity. _____
- _____
- _____
- _____
- _____

EPIPEN®
(Epinephrine) Auto-Injectors 0.1 / 0.15 mg
userguide



1

Pull off the blue safety release cap.



2

Swing and firmly push the orange tip against the outer thigh so it 'clicks.' HOLD on thigh for approximately 10 seconds to deliver the drug.

Please note: As soon as you release pressure from the thigh, the protective cover will extend.

Each EpiPen Auto-Injector contains a single dose of a medicine called epinephrine, which you inject into your outer thigh. DO NOT INJECT INTRAVENOUSLY. DO NOT INJECT INTO YOUR BUTTOCK. asthma may not be effective for a severe allergic reaction. In case of accidental injection, please seek immediate medical treatment.

Call 911

3

Seek immediate emergency medical attention and be sure to take the EpiPen Auto-Injector with you to the emergency room.

To view an instructional video demonstrating how to use an EpiPen Auto-Injector, please visit epipen.com.

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The Parent/Guardian will:

- Ensure the child care facility has a sufficient supply of emergency medication.
- Replace medication prior to the expiration date
- Monitor any foods served by the child care facility, make substitutions or arrangements with the facility, if needed.
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____



Shannon Nazzal, Director
Karyn Molines, Division Chief

**CALVERT COUNTY
DEPARTMENT OF PARKS AND RECREATION
NATURAL RESOURCES DIVISION**

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www.calvertcountymd.gov

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EPINEPHRINE (EPI-PEN) TRAINING ACKNOWLEDGEMENT

Will the child require epinephrine during summer camp hours? Yes: ____ No: ____

If YES, parent or guardian *MUST* provide training to camp staff:

I _____, have been trained by
(Employee)

_____ to administer Epinephrine and/or to
Parent(s)/Guardian(s)/Designee(s)

provide other emergency care to _____, a child enrolled in a Calvert County Natural Resources Division Summer Camp, in the event the child has been exposed to _____ and is at risk of anaphylactic reaction, or if the child exhibits the symptoms described in the POLICY: ADMINISTERING EMERGENCY TREATMENT TO CHILDREN WITH SEVERE ALLERGIES which is attached to and made a part of this Acknowledgement.

Date of Training: _____

Signature: _____

(Employee)

Signature: _____

(Parent(s)/Guardian(s))